

**Objective:**

The objective of this contest is to have a competition between Nordic and Baltic Countries. (ES, JW, JX, LA, LY, OH, OHØ, OJØ, OX, OY, OZ, SM, TF and YL to contact each other.) There is also a national competition between nations. (JW/Svalbard and JX/Jan Mayen count for LA/Norway, OX/Greenland and OY/Faroe Islands count for OZ/Denmark and OHØ/Aland Islands and OJØ/Market Reef for OH/Finland in this contest.)

**Dates/Times:**

Sunday morning, each year, on the 2<sup>nd</sup> full weekend of January.

SSB: Sunday 0530-0730 UTC

CW: Sunday 0800-1000 UTC

*The CW and SSB parts are separate contests. Also mixed mode results (CW+SSB) will be listed.*

**Frequencies:**

Only 80 and 40 meter bands.

CW: 3510-3560 and 7010-7040 KHz.

SSB: 3600-3650, 3700-3775 and 7050-7100, 7130-7200 KHz.

No contest between 7100 and 7130 KHz.

Please pay attention to frequency limits, QSO made outside of the limits will give zero points.

**Categories:**

- A - Single Operator HP
- B - Single Operator LP (Maximum 100 watts output)
- C - Multi Operator

**National competition:**

The sum of best ten (10) CW scores and best ten (10) SSB scores in each country will represent each country score. The results of the national competition will also be listed.

**Contest call:** CQ NRAU de ----

**Message:**

RS(T) + serial number starting from 001 + 2 letters showing Fylke / Län / Province / Region, e.g. 59(9) 001 VN. (See the abbreviation list at end of rules).

Note! *Use different serial numbers for CW and SSB, as they are two separate contests. Multi operator stations may use separate numbers per band.*

**Points:**

Each station can be contacted once per band, both on CW and SSB. Every correct two-way QSO with ES, JW, JX, LA, LY, OH, OHØ, OJØ, OX, OY, OZ, SM, TF and YL gives 2 points.

A QSO with wrong received message. gives you only 1 point

A QSO with a station not submitting a log will not give any points, unless the station is found in at least ten (10) other logs. In that case it gives 1 point

**Multiplier:**

Each worked Fylke / Län / Province / Region per band, per mode gives one (1) multiplier.  
(See the multiplier list below)

A QSO with a station not submitting a log will not give any multiplier, unless the station is found in at least ten (10) other logs. The multipliers are counted separately for CW and SSB.

**Final score:**

Score = (sum of QSO-points) x (sum of multipliers worked on the two bands).  
Separate final scores for CW and SSB.

**Logs:**

Logs must be submitted separately for CW and SSB within 7 days after the contest. Only electronic logs are accepted.

Look here for this year's Log submission: <http://www.nrau.net/nrau-baltic-contest/logs.html>

Please check your log for typing errors and leave ALL your QSOs in the log - including dupes. The log checking software will find the dupes and mark them with zero (0) points.

By submitting a log you agree that your log and the corresponding log checking report may be made open to the public.

**Awards:**

Awards and prizes are issued to the first three (3) places on CW, SSB and MIXED in each category.

Additional or fewer awards may be issued depending on the number of contestants.

Every participating country may give out additional awards and prizes.

**Disqualification:**

Violation of Amateur Radio Regulations in the country of the contestant or the rules of this contest, unsportsmanlike conduct and taking credit of unverifiable QSOs or multipliers may lead to disqualification.

The decisions by the Contest Committee are final and definite. The right to make changes in these rules is reserved.

**Arrangement of the contest:**

Arrangement alternates between SSA, NRRL, EDR, ERAU, LRAL, LRMD and SRAL in that order.

**Logging software:**

- [GEN LOG by W3KM](#)
- [Log4U by SM3CER/SM5NBE](#)
- [N1MM Logger](#)
- [OH2GI Ham System](#)
- [SD Logger by EI5DI](#)
- [TLF \(Linux by PAØRCT\)](#)
- [TR Log by N6TR](#)
- [Win-Test](#)
- [Writelog](#)
- [UCXLog](#)

**Manual input of a paper log:**

SM2EZT has made a program for manual input of a paper log after the contest. The output file will be a CABRILLO-file for checking your log in a log checking program.

**Cabrillo editor for NRAU Baltic by SM2EZT (Version 1.11 - 21 January 2006)**

It's only one .exe-file called NRAUMan.exe (518 kB). Due to restrictions from the server provider we have to distribute the file as a .zip-file called NRAUMan.zip (258 kB).

[CLICK HERE](#) to download the latest version of the program

How to install:

- Save in a temporary directory
- unzip the file using WinZip or similar
- use File Manager to put NRAUMan.exe in a folder that you prefer (example: C:/Program/NRAUMan).

For instructions "How to make your log" [CLICK HERE!](#)

**Multiplier list for NRAU-Baltic Contest**

ES - Estonia			16 multipliers	
HM	Hiiu	PU	Pärnu	
HR	Harju	RP	Rapla	
IV	Ida-Viru	SR	Saare	
JG	Jõgeva	TA	Tartu	
JR	Järva	TL	Tallinn	
LN	Lääne	VC	Valga	
LV	Lääne-Viru	VO	Võru	
PL	Põlva	VP	Viljandi	

TF - Iceland		1 multiplier	
IS	Iceland		

JX/JW/LA - Jan Mayen - Svalbard - Norway			21 multipliers	
AA	Aust Agder	OP	Oppland	
AK	Akershus	OS	Oslo	
BU	Buskerud	RL	Rogaland	
FI	Finnmark	SF	Sogn og Fjordane	
HE	Hedemark	ST	Sör Trøndelag	
HO	Hordaland	SV	Svalbard/Björnöya	
JA	Jan Mayen	TE	Telemark	
MR	Möre og Romsdal	TR	Troms	
NO	Nordland	VF	Vestfold	
NT	Nord Trøndelag	VG	Vest Agder	
OF	Östfold			

<b>LY - Lithuania</b>			<b>15 multipliers</b>
AT	Alytus	SI	Siauliai-city
KD	Klaipeda-city	SU	Siauliai
KI	Klaipeda	TG	Taurage
KM	Kaunas-city	TI	Telsiai
KN	Kaunas	UT	Utena
MM	Marijampole	VU	Vilnius-city
PA	Panevezys	VV	Vilnius
PN	Panevezys-city		

<b>OJØ/OHØ/OH - Finland - Aland Is.</b>			<b>19 multipliers</b>
AL	Ahvenanmaa	PH	Päijät-Häme
EK	Etelä-Karjala	PK	Pohjois-Karjala
EP	Etelä-Pohjanmaa	PM	Pirkanmaa
ES	Etelä-Savo	PO	Pohjanmaa
KE	Keski-Suomi	PP	Pohjois-Pohjanmaa
KL	Kymenlaakso	PS	Pohjois-Savo
KP	Keski-Pohjanmaa	SA	Satakunta
KT	Kanta-Häme	UU	Uusimaa
KU	Kainuu	VA	Varsinais-Suomi
LA	Lappi		

<b>SM Sverige</b>			<b>21 multipliers</b>
BL	Blekinge	OR	Örebro
DA	Dalarna	SE	Skåne
GA	Gävleborg	SL	Stockholms Län
GO	Gotland	SO	Södermanland
HA	Halland	UP	Uppsala
JL	Jämtland	VB	Västerbotten
JO	Jönköping	VD	Västra Götaland
KA	Kalmar	VL	Värmland
KR	Kronoberg	VM	Västmanland
NB	Norrbottn	VN	Västernorrland
OG	Östergötland		

<b>OX/OY/OZ - Greenland, Faeroe Islands, Denmark</b>			<b>8 multipliers</b>
VS	Region Sjælland	VJ	Region Midtjylland
KH	Region Hovedstaden	GR	Greenland
FA	Faroe Islands	NJ	Region Nordjylland
SJ	Region Syddanmark	BH	Bornholm

YL - Latvia		26 multipliers	
AI	Aizkraukle	LM	Limbazi
AU	Aluksne	LU	Ludza
BA	Bauska	MD	Madona
BV	Balvi	OE	Ogre
CE	Cesis	PR	Preili
DG	Daugavpils	RE	Rezekne
DO	Dobele	RR	Riga
GU	Gulbene	SD	Saldus
JE	Jelgava	TS	Talsi
JP	Jekabpils	TU	Tukums
KG	Kuldiga	VE	Ventspils
KV	Kraslava	VK	Valka
LI	Liepaja	VR	Valmiera